

JULY, 2019

NEEDS OF CUNY UNDERGRADUATE HILLEL STUDENTS:

RESULTS FROM A UJA-FEDERATION
OF NEW YORK SURVEY

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EXECUTIVE SUMMARY

In the Spring of 2019, UJA-Federation of New York (UJA) invited the five executive directors of the Hillels serving The City University of New York (CUNY) students to assist UJA in conducting a survey of their affiliated students. CUNY Hillels are a priority for UJA because most students at those campuses are from low- and middle-income families, and many of them are immigrants and/or first-generation college students. A total of 608 students responded to questions regarding their employment, mental health, food security, and Jewish life on campus. This landmark research is the first time UJA has directly surveyed the diverse needs of CUNY Hillel-affiliated students.

The survey identified several areas of need among students involved with CUNY Hillels. Among those students who have responded to the study:

- **Almost half are food insecure.** Only 56% of these students said they have consistent, dependable access to food. Rates of food insecurity are particularly high for students living with roommates (66%) and evening students (68%).
- **Almost one out of every three (29%) students reported symptoms of current depression.** The need for accessible mental health counseling is evident in that 31% of these students report needing counseling for mental health, but not getting it.
- **Most are working and/or looking for work during the semester.** Two out of every three (66%) students reported working during the semester and similar numbers are looking for work (63%). These students report high rates of interest in learning professional skills.
- **Most indicated that Jewish programs on campus meet their needs, yet less than half are comfortable sharing their views on Israel with academic faculty.** Students agree that Jewish programs on campus meet their needs (69%) and that there is a welcoming Jewish community at their college (85%). However, only 46% feel comfortable sharing their views on Israel with faculty, and only 55% feel comfortable sharing these views with other students.

ACKNOWLEDGMENTS

This report was produced through the efforts of countless individuals. UJA would like to thank its Research and Evaluation team, Dina Shapiro-Luft, Ph.D., MPH and Tori Leiber, who were responsible for the study design, data analysis, and drafting and editing of this report.

We would also like to thank the following members of our research team for their contribution in the success of this study: Andrea Fleishaker, Abbe Pick, Molly Zaentz, Chani Kovacs Zweiter, and Meredith Zylberberg. Thank you to the following UJA staff for providing ideas and feedback on the survey instrument, study design, and this report: Laura Hemlock, Elisabeth Kostin, Tamar Novetsky, Jennifer Rosenberg, and Emily Sigalow. This research would not have been possible without Samantha Yablon, a member of UJA's Immersive Jewish Experiences Committee, who first raised the issue of food insecurity on Hillel campuses to our staff, and we are grateful to her.

We would also like to thank Arielle Braude, Dan Smokler, and Jennifer Zwilling of Hillel International and Rona Sheramy and Stacey Winter of Jewish Foundation for Education of Women for their input and advice on the survey.

Finally, we would like to thank the executive directors and professionals of the CUNY Hillels for their input on the survey instrument and for helping make this survey a reality by distributing the survey to the students at their respective campuses: Yelena Azrieyel (Tanger at Brooklyn College), Ilya Bratman (Baruch College), Merav Fine Braun (Hunter College Hillel), Jenna Citron (Queens College Hillel), Nadya Drukker (Tanger Hillel at Brooklyn College), Rozeeta Mavashev (Hunter College Hillel), and Amy Posner (College of Staten Island Hillel).

Note: Although the official names vary (Tanger Hillel at Brooklyn College, Hunter College Hillel), for this report we use the shortened "Brooklyn College Hillel," and so on, throughout.

INTRODUCTION

UJA is committed to Jewish campus life in New York City, Westchester, and Long Island. As part of our efforts to promote Jewish life on college campuses in these regions, UJA works with five Hillels that serve CUNY students: Baruch College Hillel, Brooklyn College Hillel, Hunter College Hillel, Queens College Hillel, and College of Staten Island Hillel. These Hillels play a key role in establishing the foundation of adult Jewish identity and community on their respective campuses and thus are strongly aligned with the mission and vision of UJA. CUNY Hillels play an important role in the Jewish life of the many commuter students who come from diverse economic, cultural, and religious backgrounds.

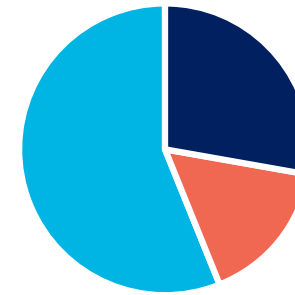
To gain a deeper understanding of the issues facing students on these campuses, UJA invited the Hillel executive directors to assist UJA in conducting a survey of their students in Spring 2019. A total of 608 students responded to questions regarding their employment, mental health, food security, and Jewish life on campus. UJA worked with the Hillel directors to gain their input on the survey questions and to distribute the survey to their students. The collaboration between UJA and the CUNY Hillels was key to the success of this survey.

This report is divided into four sections: Food Security, Depression, Employment, and Jewish Life. Each section summarizes the findings emerging from the survey. At the end of this report are appendices describing the study design, presenting Hillel specific findings, and detailing the items of the survey.

FOOD SECURITY

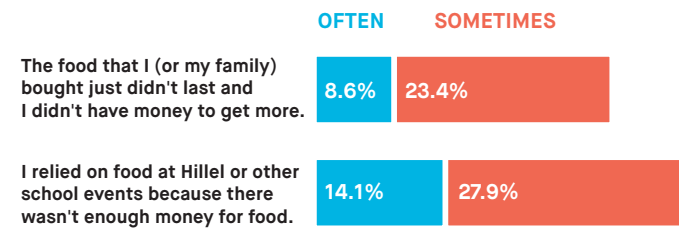
Many CUNY Hillel students are food secure: they have consistent, dependable access to food. But almost half of student respondents and their families experience food insecurity at times during the year, meaning their access to food is limited by lack of money or other resources.

TOTAL FOOD-INSECURE RESPONDENTS: 44%



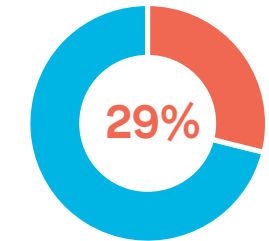
HIGH FOOD SECURITY 56%
 MODERATE FOOD SECURITY 16%
 LOW FOOD SECURITY 28%

Among food-insecure respondents, two-thirds experience low food security. These students have difficulty meeting their basic food needs due to limited financial resources.



Roughly a third of CUNY Hillel student respondents reported that, in the last 30 days, they were hungry but didn't eat because there wasn't enough money. One out of every three students reported that the food they or their family bought didn't last and they didn't have enough money to get more, and about 42% indicated that they sometimes or often relied on food at Hillel events for financial reasons.

I WAS HUNGRY BUT DIDN'T EAT BECAUSE THERE WASN'T ENOUGH MONEY FOR FOOD



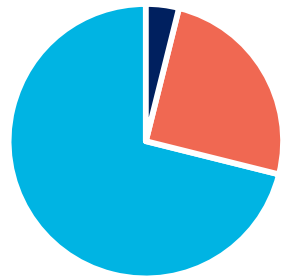
Among food-insecure respondents, 42% reported that, in the previous year, they or their family had participated in SNAP, and 47% reported that they or their family obtained food from a food pantry. Additionally, most food-insecure students live in a house, apartment, or other private residence (66%), and most have not accessed Hillel career services (59%), although, compared to the food-secure students, food-insecure students report accessing Hillel career services more than twice as much (see Tables 6 and 7). Rates of food insecurity were higher than average for the following groups: students who are on campus in the evenings (68%), or day and evenings equally (58%), those living with roommates rather than family, and those working 11 or more hours per week (see Table 7).

- 66% STUDENTS LIVING WITH ROOMMATES WHO ARE FOOD-INSECURE
- 56% STUDENTS WORKING 11 OR MORE HOURS PER WEEK WHO ARE FOOD-INSECURE

DEPRESSION

About one-third of CUNY Hillel students who took the survey reported symptoms consistent with diagnosable major or severe major depression as defined by the Diagnostic and Statistical Manual of Mental Disorders, 4th Edition.

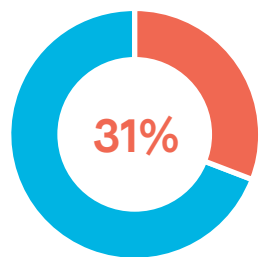
TOTAL RESPONDENTS WITH DEPRESSION: 29%



SEVERE MAJOR DEPRESSION 4%
 MAJOR DEPRESSION 25%
 NO DEPRESSION 71%

Only a fraction of students who need help report having sought counseling. About one in three students reported that they needed counseling for mental health but did not get it.

NEEDED COUNSELING FOR MENTAL HEALTH BUT DID NOT GET IT



Rates of symptoms consistent with major depression were higher among certain demographic groups. Particularly affected are those born outside the USA. Roughly half (49%) of students in that group experience depression. In addition, students who indicate that they were formerly Orthodox but are not currently Orthodox are disproportionately affected by depression, with 40% of this group reporting symptoms consistent with a major depression diagnosis.

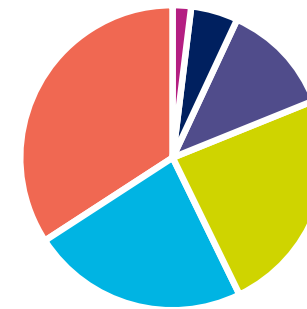
Food-insecure students are more likely to experience depression as compared to their food-secure peers. Among food-insecure students, about 37% reported symptoms of major depression.

- 37% STUDENTS WHO ARE FOOD INSECURE EXPERIENCE DEPRESSION
- 49% STUDENTS BORN OUTSIDE USA EXPERIENCE DEPRESSION
- 40% STUDENTS WHO WERE FORMERLY ORTHODOX EXPERIENCE DEPRESSION

EMPLOYMENT

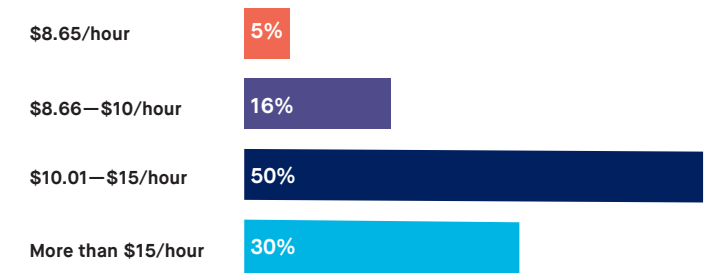
Many CUNY students are employed at the same time they are enrolled in school. The survey found that about two-thirds of respondents work during the semester. Among students who are employed, the majority work 20 or fewer hours per week. Some students (12%) work 21 – 30 hours, and a few (7%) work 31 hours or more. In addition to current work, two out of three students (63%) indicated that they had looked for work in the past year.

TOTAL RESPONDENTS WORKING DURING SEMESTER: 66%



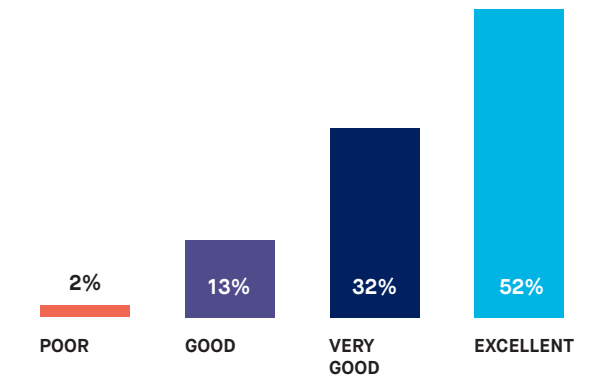
1–10 HOURS 23%
 11–20 HOURS 24%
 21–30 HOURS 12%
 31–40 HOURS 5%
 MORE THAN 40 HOURS 2%
 NONE, I DON'T HAVE A JOB 34%

Of the students who work, roughly one in three earns above the NYC minimum wage of \$15/hour. The majority (50%) earn at or just below minimum wage, and one in five earns \$10 an hour or less.

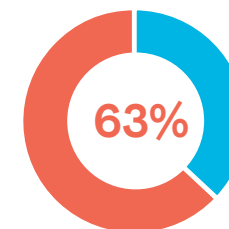


Though many students are working during the semester and looking for work during the year, only a quarter take advantage of the Hillel Career Services offered at their Hillel. Career counseling provided at the Hillel is highly rated by the students who use it, with 84% indicating that the service is very good or excellent. This suggests it may be worthwhile to expand the use of Hillel career services and ensure more students take advantage of this quality service.

QUALITY OF THE CAREER COUNSELOR AT YOUR HILLEL



LOOKING FOR WORK IN THE PAST 12 MONTHS

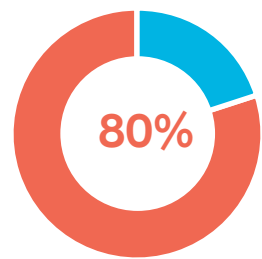


➤ 26% STUDENTS WHO HAVE EVER USED HILLEL CAREER SERVICES

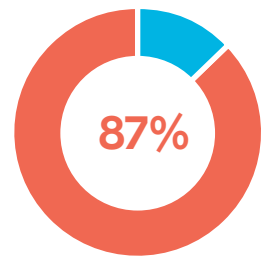
EMPLOYMENT (CONTINUED)

In addition, Hillel career services offers an opportunity to reach otherwise disadvantaged students. Those students who are food insecure are much more likely to be seen at a Hillel Career center as compared to their secure counterparts. About 71% of food-insecure respondents have used Hillel career services.

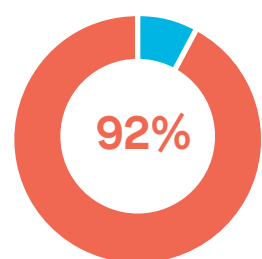
INTERESTED IN LEARNING MORE HARD SKILLS



INTERESTED IN LEARNING MORE SOFT SKILLS



INTERESTED IN LEARNING MORE ABOUT NETWORKING



CUNY Hillel-affiliated students express a great deal of interest in continuing to learn career-related skills. When asked about their interest, 80% of respondents indicated that they were interested in learning more hard skills, such as Microsoft Word, Excel, and PowerPoint; 87% indicated they were interested in learning more soft skills, such as how to interview better and deal with difficult situations; and almost all the students (92%) indicated that they were interested in learning more about networking. About two-thirds (66%) were interested in being matched with a mentor.



JEWISH LIFE

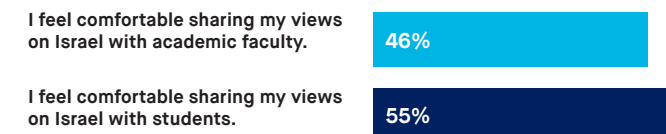
Jewish students at CUNY come from a variety of backgrounds and represent a range of Jewish identities, from unaffiliated to traditional. Almost 70% of survey respondents perceive that the Jewish programs on their campus meet their needs.



Survey respondents find the CUNY campus climate is welcoming and provides opportunities for engagement between different cultural and religious groups. Almost four out of five Hillel-affiliated students agree or strongly agree that diverse groups engage with one another. In addition, most of the students (85%) agree or strongly agree that there is a welcoming Jewish community at their college.

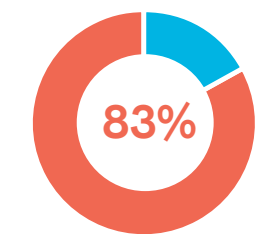


Students generally find the CUNY campus climate is welcoming of people who are Jewish. Most agree that students and faculty are respectful of those who are Jewish. Slightly more student respondents agreed that students are respectful of people who are Jewish (83%) as compared to academic faculty (78%).

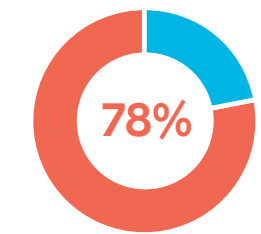


There is room to increase students' comfort in talking about Israel with both academic faculty and other students. Corresponding to differences in feelings that students are more respectful of those who are Jewish than faculty are, students are also more comfortable talking with other students about Israel than they are talking about Israel with academic faculty. Less than half of the students indicated that they feel comfortable sharing their views on Israel with faculty, and just more than half feel comfortable sharing their views on Israel with other students.

STUDENTS ARE RESPECTFUL OF PEOPLE WHO ARE JEWISH



ACADEMIC FACULTY ARE RESPECTFUL OF PEOPLE WHO ARE JEWISH



APPENDIX 1

ANALYSIS

The statistics in this report were calculated using raw data and differences described in this text are statistically significant at the 95-percent confidence level. All analyses were conducted using SPSS Version 21.

PARTICIPANTS

UJA-Federation conducted a survey of Hillel-affiliated students at CUNY campuses. In March through May of 2019, a convenience sample of 608 undergraduate students affiliated with Baruch College Hillel (n = 138, including students from John Jay College of Criminal Justice and City College of New York), Brooklyn College Hillel (n = 156, including students from Kingsborough Community College), College of Staten Island Hillel (n = 18), Hunter College Hillel (n = 107), and Queens College Hillel (n = 189) completed the survey. Table 1 in Appendix 4 details the full demographic makeup of the respondents.

Of the 608 total student respondents to this survey, the majority (88.8%) participated in activities through

or sponsored by Hillel. Over half of the respondents (59.1%) were on campus primarily during the day, while approximately one-third (32.2%) split their time on campus equally between days and evenings. More than half (57.1%) of the respondents used grants and/or scholarships to pay for expenses associated with attending college.

The average age of respondents was 21.6 years. A majority (61.5%) of the respondents were female. Most respondents (80%) lived in a house, apartment, or other private residence. Over half of the respondents (61.2%) resided with their families and just less than one in three (30.4%) lived with roommates.

Almost all the respondents (90.5%) were born in the United States. A little more than two-fifths (41.8%) identified as Ashkenazi and approximately one-fifth (20.9%) of the respondents identified as Sephardic. Slightly more than half of the respondents (55.2%) identified as Orthodox. Around one-third of the respondents identified as Russian/Ukrainian (11.5%), Persian/Syrian (13.3%), and/or Bukharian (9.2%).

▼
TOTAL STUDENTS
608

▼
FEMALE
62%

▼
ORTHODOX



▼
BORN IN US
91%

▼
AVERAGE AGE
21.6 YEARS OLD

STUDY DESIGN

The survey was a web-based questionnaire hosted by Qualtrics, LLC. Participants could complete the surveys on any computer with an internet connection. Participants were recruited through direct email communication from the executive director of their local Hillel. Students were given a link that provided access to the survey. Students who qualified and completed the survey were offered a \$5 incentive as compensation for their time.

MEASURES

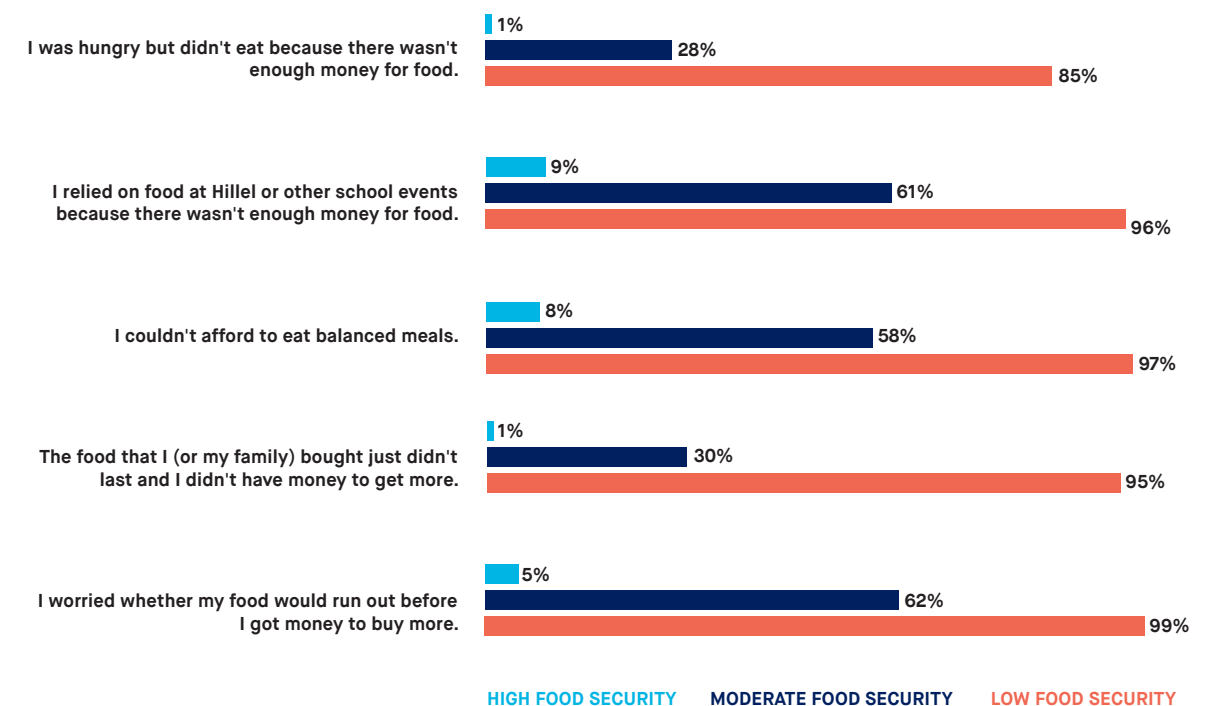
Food Security. The overall food security status of each student was determined by responses to questions about food-insecure circumstances and behaviors adopted from the USDA adult food security survey module.¹ Students indicated if they experienced each of five food-insecure circumstances and behaviors often, sometimes, or never in the last 30 days. Students were classified as food secure if they reported that they experienced one or fewer food-insecure circumstances and behaviors often or sometimes in the last 30 days. Students were classified as having moderate food security if they reported two or three food-insecure circumstances, and as having low food security if they reported four or five food-insecure circumstances.

Items included:

1. I worried whether my food would run out before I got money to buy more.
2. The food that I (or my family) bought just didn't last and I didn't have money to get more.
3. I couldn't afford to eat balanced meals.
4. I relied on food at Hillel events because there wasn't enough money for food.
5. In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food? (Yes/No)

Moderate-food-insecure students differed from their low-food-security counterparts in that they were much less likely to report that the food they or their family bought didn't last and they didn't have money to buy more and that they were hungry but didn't eat because there wasn't enough money for food (Figure 1). The most common single condition indicated by food-secure students was that they relied on food at Hillel events because there wasn't enough money for food. Food-insecure students were also likely to report this behavior; at the same time, they were most likely to report that they worried whether their food would run out before they got money to buy more and that they were unable to afford to eat balanced meals.

FIGURE 1. PERCENTAGE OF STUDENTS REPORTING EACH INDICATOR OF FOOD INSECURITY, BY FOOD SECURITY STATUS



¹ U.S. Department of Agriculture, Economic Research Service. (2012). U.S. adult food security survey module: Three-stage design, with screeners.

Mental Health. The mental health status of students was assessed using the eight-item Patient Health Questionnaire depression scale (PHQ-8), a diagnostic measure that establishes provisional diagnoses for the presence and severity of DSM-IV depressive disorders.² Students were asked the frequency with which they were bothered by each of eight experiences in the last two weeks. Responses were scored 0 to 3 so that higher numbers indicated higher distress (not at all = 0, several days = 1, more than half the days = 2, or nearly every day = 3). The eight items summed to a 0 to 24 severity score, with 10 as the cutoff for major depression and 20 as the cutoff for severe major depression. Items included:

1. Trouble falling or staying asleep, or sleeping too much
2. Poor appetite or overeating
3. Feeling bad about yourself — or that you are a failure or have let yourself or your family down
4. Trouble concentrating on things, such as reading the newspaper or watching TV
5. Moving or speaking so slowly that other people could have noticed or the opposite — being so fidgety or restless that you have been moving around a lot more than usual
6. Little interest or pleasure in doing things
7. Feeling down, depressed, or hopeless
8. Feeling tired or having little energy

APPENDIX 2. HILLEL-SPECIFIC FINDINGS

TABLE 1. FOOD INSECURITY AND MENTAL HEALTH BY HILLEL

	BARUCH COLLEGE HILLEL	BROOKLYN COLLEGE HILLEL	HUNTER COLLEGE HILLEL	QUEENS COLLEGE HILLEL	CUNY HILLELS OVERALL
Moderate and Low Food Security	52% (HIGHEST %)	47%	51%	29% (LOWEST %)	44%
Major and Severe Major Depression	31%	29%	32% (HIGHEST %)	26% (LOWEST %)	29%

TABLE 2. EMPLOYMENT BY HILLEL

	BARUCH COLLEGE HILLEL	BROOKLYN COLLEGE HILLEL	HUNTER COLLEGE HILLEL	QUEENS COLLEGE HILLEL	CUNY HILLELS OVERALL
Received Services from Hillel Career Counselor	47% (HIGHEST %)	17%	28%	12% (LOWEST %)	26%
Looking for Work in Past 12 Months	63%	55% (LOWEST %)	73% (HIGHEST %)	66%	63%

TABLE 3. JEWISH LIFE BY HILLEL
(% Agree or Strongly Agree)

	BARUCH COLLEGE HILLEL	BROOKLYN COLLEGE HILLEL	HUNTER COLLEGE HILLEL	QUEENS COLLEGE HILLEL	CUNY HILLELS OVERALL
Jewish programs meet my needs.	78% (HIGHEST %)	71%	55% (LOWEST %)	67%	69%
I feel comfortable sharing my views on Israel with academic faculty.	53% (HIGHEST %)	44%	45%	42% (LOWEST %)	46%
I feel comfortable sharing my views on Israel with students.	65% (HIGHEST %)	46% (LOWEST %)	47%	55%	55%

² Kroenke, K., Strine, T. W., Spitzer, R. L., Williams, J. B., Berry, J. T., & Mokdad, A. H. (2009). The PHQ-8 as a measure of current depression in the general population. *Journal of Affective Disorders*, 114(1-3), 163-173. doi:10.1016/j.jad.2008.06.026.

APPENDIX 3. SURVEY

INTRODUCTION PAGE

This questionnaire asks about how you are experiencing college or university. Your participation is very important and greatly appreciated.

As a thank you for your participation, you will receive a \$5 gift card. Information on how to obtain your gift card will be presented at the end of the survey.

BACKGROUND INFORMATION

1. Which college do you currently attend?
 - a. (Dropdown of all possible colleges/universities)
2. What time of day are you most on campus?
 - a. Day
 - b. Evening
 - c. Day and evening equally
3. Where do you live during the school year?
 - a. Dormitory or other campus housing
 - b. House, apartment, or other private residence
 - c. Fraternity or sorority house
 - d. Other (fill in the blank)
4. With whom do you live during the school year?
 - a. No one, I live alone
 - b. One or more other students
 - c. My spouse or partner
 - d. My parents
 - e. Other (fill in the blank)
5. With whom do you spend most of your free time during the school year?
 - a. My immediate and extended family
 - b. My friends and classmates from campus
 - c. My friends from the neighborhood in which I live
 - d. My co-workers
 - e. Other (fill in the blank)
6. What is the ZIP Code where you currently live?
 - a. [Fill in the blank, restrict to 5 digits]
7. Do you use grants and/or scholarships to pay for the expenses associated with attending college?
 - a. Yes
 - b. No
 - c. Don't know
8. Have you ever participated in activities through or sponsored by Hillel?
 - a. Yes
 - b. No
 - c. Don't know

EMPLOYMENT

9. How many hours per week do you work during the semester?
 - a. None, I don't have a job
 - b. 1-10 hours a week
 - c. 11-20 hours
 - d. 21-30 hours
 - e. 31-40 hours
 - f. More than 40 hours
 10. On average, about how much do you earn per hour?
 - a. \$7.25/hour
 - b. \$7.26 - \$10/hour
 - c. \$10.01 - \$15/hour
 - d. More than \$15/hour
 11. In the past 12 months, have you been looking for work?
 - a. Yes
 - b. No
 12. Is there a career counselor at your Hillel?
 - a. Yes
 - b. No
 - c. Don't know
 13. [Ask if 12= a] Have you ever received assistance from a career counselor at your Hillel?
 - a. Yes
 - b. No
 14. How would you rate the quality of Hillel career services?
 - a. Excellent
 - b. Very good
 - c. Good
 - d. Poor
 15. Have you ever received assistance from a career counselor at CUNY Career Counseling Services?
 - a. Yes
 - b. No
 16. How would you rate the quality of CUNY Career Services?
 - a. Excellent
 - b. Very good
 - c. Good
 - d. Poor
- Please rate your interest in learning more about the following areas of job readiness
17. Hard skills (e.g. Microsoft Word, Excel, and/or PowerPoint)
 - a. Very interested
 - b. Somewhat interested
 - c. Not interested
 18. Soft skills (e.g. how to interview better, dealing with difficult situations)
 - a. Very interested
 - b. Somewhat interested
 - c. Not interested
 19. Networking (the ability to meet professionals to learn about specific fields or the workplace)
 - a. Very interested
 - b. Somewhat interested
 - c. Not interested
 20. Are you interested in being matched with a mentor to help you in your college experience and early career?
 - a. Yes
 - b. No

JEWISH LIFE

Please indicate your level of agreement with the following statements.

21. I feel a sense of acceptance and belonging at this college/university.
- Strongly agree
 - Agree
 - Neither agree nor disagree
 - Disagree
 - Strongly disagree
22. There is a welcoming Jewish community at this college/university.
- Strongly agree
 - Agree
 - Neither agree nor disagree
 - Disagree
 - Strongly disagree
23. The following groups are respectful of people who are Jewish:
- | | |
|-------------------------------|------------------------------|
| Students | • Strongly agree |
| Academic Faculty (professors) | • Agree |
| Staff and administration | • Neither agree nor disagree |
| | • Disagree |
| | • Strongly disagree |
24. I feel comfortable sharing my views on Israel with the following groups:
- | | |
|-------------------------------|------------------------------|
| Students | • Strongly agree |
| Academic Faculty (professors) | • Agree |
| Staff and administration | • Neither agree nor disagree |
| | • Disagree |
| | • Strongly disagree |
25. Jewish programs on campus meet my needs.
- Strongly agree
 - Agree
 - Neither agree nor disagree
 - Disagree
 - Strongly disagree
26. Ethnically, religiously, and culturally diverse groups and people on campus engage with one another.
- Strongly agree
 - Agree
 - Neither agree nor disagree
 - Disagree
 - Strongly disagree

FOOD INSECURITY

27. In the last six months, which of the following best describes the food you eat?

- I had enough of the kinds of food I wanted to eat
- I had enough but not always the kinds of food I wanted to eat
- Sometimes there was not enough to eat
- Often there was not enough to eat

In the last 30 days, were the following situations often true, sometimes true, or never true for you?

28. I worried whether my food would run out before I got money to buy more.
- Often true
 - Sometimes true
 - Never true
29. The food that I (or my family) bought just didn't last and I didn't have money to get more.
- Often true
 - Sometimes true
 - Never true
30. I couldn't afford to eat balanced meals.
- Often true
 - Sometimes true
 - Never true
31. I relied on food at Hillel events because there wasn't enough money for food.
- Often true
 - Sometimes true
 - Never true
32. In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?
- Yes
 - No
33. During the past 12 months, did you or your family obtain food from a food pantry?
- Yes
 - No
34. [Ask if 33 = a] What is the ZIP code of the food pantry where you obtained food? If you obtained food from multiple food pantries, please list the one you accessed most frequently.
- [Fill in the blank, limit to 5 numbers]
35. In the past 12 months, did you or any member of your household receive Food Stamps/SNAP?
- Yes
 - No

MENTAL HEALTH

36. Over the last 2 weeks, how often have you been bothered by...?

Trouble falling or staying asleep, or sleeping too much

Poor appetite or overeating

Feeling bad about yourself — or that you are a failure or have let yourself or your family down

Trouble concentrating on things, such as reading the newspaper or watching TV

Moving or speaking so slowly that other people could have noticed
Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual

Little interest or pleasure in doing things

Feeling down, depressed, or hopeless

Feeling tired or having little energy

- Not at all
- Several days
- More than half the days
- Nearly every day

37. In the past 12 months, have you received any counseling for a mental health problem?

- Yes
- No
- Don't know

38. In the past 12 months, have you taken a prescription medication for a mental health problem?

- Yes
- No
- Don't know

39. Was there a time in the past 12 months when you needed treatment for a mental health problem but did not get it?

- Yes
- No
- Don't know

DEMOGRAPHICS

This final set of questions is to help us describe the people who have taken this survey.

40. In what year were you born? *[Limit 1960 – 2004]*

41. What is your gender?

- Female
- Male
- Non-binary/gender fluid
- Prefer to self-describe *[Text box]*
- Prefer not to say

42. Do you consider yourself Jewish?

- Yes
- No
- It's Complicated

43. With which Jewish groups do you most closely identify? *[Select all that apply]*

- Ashkenazi
- Sephardi
- Bukharian
- Mizrahi
- Georgian
- Syrian
- Persian
- Russian/Ukrainian
- I don't identify with any of these groups

44. Do you identify as Orthodox now or did you identify as Orthodox in the past?

- Yes, I'm Orthodox now
- Yes, I was Orthodox in the past but not now
- No

45. *[Ask if 44 = a]* With which do you identify?

- Chassidish (non-Chabad)
- Yeshivish
- Chabad
- Modern Orthodox Liberal
- Modern Orthodox Machmir
- Other, please specify

46. *[Ask if 44 = b]* When you identified as Orthodox in the past, with which of the following did you identify?

- Chassidish (non-Chabad)
- Yeshivish
- Chabad
- Modern Orthodox Liberal
- Modern Orthodox Machmir
- Other, please specify

47. Where were you born?

- United States
- Canada
- Asia
- Africa
- Middle East
- Europe
- South/Central America

48. *[If not born in the US]* In what year did you come to live in the U.S.?

- [years limited to the time they were born to the present]*

APPENDIX 4. TABLES OF FINDINGS

TABLE 4. DEMOGRAPHICS OF RESPONDENTS TO HILLEL SURVEY, TOTAL AND BY HILLEL

	TOTAL % (N)	BARUCH % (N)	BROOKLYN % (N)	CSI % (N)	HUNTER % (N)	QUEENS % (N)
TOTAL RESPONDENTS	N=608	N=138	N=156	N=18	N=107	N=189
HAVE YOU EVER PARTICIPATED IN ACTIVITIES THROUGH OR SPONSORED BY HILLEL?						
Yes	88.8% (537)	95.7% (132)	84.0% (131)	94.4% (17)	90.7% (97)	86.0% (160)
WHAT TIME OF DAY ARE YOU MOST ON CAMPUS?						
Day	59.1% (358)	46.4% (64)	62.8% (98)	27.8% (5)	63.6% (68)	65.8% (123)
Evening	8.7% (53)	13.8% (19)	9.6% (15)	16.7% (3)	3.7% (4)	6.4% (12)
Day and evening equally	32.2% (195)	39.9% (55)	27.6% (43)	55.6% (10)	32.7% (35)	27.8% (52)
WHERE DO YOU LIVE DURING THE SCHOOL YEAR?						
Dormitory or other campus housing	18.9% (114)	23.9% (33)	11.0% (17)	33.3% (6)	40.2% (43)	8.1% (15)
House, apartment, or other private residence	80.0% (483)	74.6% (103)	87.7% (136)	66.7% (12)	57.9% (62)	91.4% (170)
Fraternity or sorority house	1.2% (7)	1.4% (2)	1.3% (2)	0.0% (0)	1.9% (2)	0.5% (1)
WITH WHOM DO YOU LIVE DURING THE SCHOOL YEAR?						
No one, I live alone	8.4% (51)	7.2% (10)	4.5% (7)	11.1% (2)	27.1% (29)	1.6% (3)
Roommates	30.4% (184)	40.6% (56)	22.4% (35)	44.4% (8)	30.8% (33)	27.8% (52)
My family	61.2% (371)	52.2% (72)	73.1% (114)	44.4% (8)	42.1% (45)	70.6% (132)
WITH WHOM DO YOU SPEND MOST OF YOUR FREE TIME DURING THE SCHOOL YEAR?						
My immediate and extended family	21.9% (133)	13.8% (19)	28.2% (44)	33.3% (6)	12.1% (13)	27.3% (51)
My friends and classmates from campus	56.8% (344)	65.2% (90)	50.0% (78)	66.7% (12)	56.1% (60)	55.6% (104)
My friends from the neighborhood in which I live	15.5% (94)	14.5% (20)	14.1% (22)	0.0% (0)	22.4% (24)	15.0% (28)
My co-workers	2.1% (13)	1.4% (2)	3.8% (6)	0.0% (0)	3.7% (4)	0.5% (1)
Multiple groups	3.6% (22)	5.1% (7)	3.8% (6)	0.0% (0)	5.6% (6)	1.6% (3)
DO YOU USE GRANTS AND/OR SCHOLARSHIPS TO PAY FOR THE EXPENSES ASSOCIATED WITH ATTENDING COLLEGE?						
Yes	57.1% (345)	58.7% (81)	64.5% (100)	55.6% (10)	68.2% (73)	43.5% (81)
GENDER						
Female	61.5% (371)	52.2% (72)	68.6% (107)	72.2% (13)	77.6% (83)	52.2% (96)
Male	34.5% (208)	44.2% (61)	28.8% (45)	27.8% (5)	19.6% (21)	41.3% (76)
Other	4.0% (24)	3.6% (5)	2.6% (4)	0.0% (0)	2.8% (3)	6.5% (12)
BORN IN USA	90.5% (550)	89.1% (123)	88.5% (138)	88.9% (16)	93.5% (100)	91.5% (173)
AGE (MEAN)	21.6	21.8	21.9	21.8	21.3	21.5
WITH WHICH JEWISH GROUPS DO YOU MOST CLOSELY IDENTIFY?						
Ashkenazi	41.8% (254)	32.6% (45)	29.5% (46)	33.3% (6)	50.5% (54)	54.5% (103)
Sephardic	20.9% (127)	21.7% (30)	25.0% (39)	33.3% (6)	16.8% (18)	18.0% (34)
Both Sephardic and Ashkenazi	4.6% (28)	4.3% (6)	2.6% (4)	0.0% (0)	10.3% (11)	3.7% (7)
Other	21.4% (130)	33.3% (46)	20.5% (32)	16.7% (3)	12.1% (13)	19.0% (36)
I do not identify with any of these groups	4.4% (27)	5.8% (8)	5.1% (8)	16.7% (3)	4.7% (5)	1.6% (3)
I do not consider myself Jewish	6.9% (42)	2.2% (3)	17.3% (27)	0.0% (0)	5.6% (6)	3.2% (6)
DO YOU IDENTIFY AS ORTHODOX NOW OR DID YOU IDENTIFY AS ORTHODOX IN THE PAST?						
Yes, I'm Orthodox now	55.2% (333)	49.3% (68)	56.4% (88)	61.1% (11)	43.9% (47)	64.7% (119)
Yes, I was Orthodox in the past	13.6% (82)	14.5% (20)	11.5% (18)	27.8% (5)	13.1% (14)	13.6% (25)
No	31.2% (188)	36.2% (50)	32.1% (50)	11.1% (2)	43.0% (46)	21.7% (40)
DO YOU IDENTIFY AS...?						
Russian/Ukrainian	11.5% (70)	19.6% (27)	10.9% (17)	5.6% (1)	15.0% (16)	4.8% (9)
Persian/Syrian	13.3% (81)	14.5% (20)	16.0% (25)	0.0% (0)	13.1% (14)	11.6% (22)
Bukharian	9.2% (56)	10.9% (15)	3.8% (6)	11.1% (2)	5.6% (6)	14.3% (27)

TABLE 5. FOOD SECURITY OF RESPONDENTS TO HILLEL SURVEY, TOTAL AND BY HILLEL

	TOTAL % (N)	BARUCH % (N)	BROOKLYN % (N)	HUNTER % (N)	QUEENS % (N)
TOTAL RESPONDENTS	N=608	N=138	N=156	N=107	N=189
IN THE LAST SIX MONTHS, WHICH OF THE FOLLOWING BEST DESCRIBES THE FOOD YOU EAT?					
I had enough of the kinds of food I wanted to eat	50.5% (304)	48.2% (66)	52.6% (82)	45.8% (49)	53.3% (98)
I had enough but not always the kinds of food I wanted to eat	36.0% (217)	35.8% (49)	38.5% (60)	41.1% (44)	32.1% (59)
Sometimes there was not enough to eat	10.5% (63)	12.4% (17)	8.3% (13)	9.3% (10)	10.3% (19)
Often there was not enough to eat	3.0% (18)	3.6% (5)	0.6% (1)	3.7% (4)	4.3% (8)
I WORRIED WHETHER MY FOOD WOULD RUN OUT BEFORE I GOT MONEY TO BUY MORE.					
Often true	14.1% (85)	23.9% (33)	14.1% (22)	10.3% (11)	7.6% (14)
Sometimes true	26.5% (160)	25.4% (35)	28.2% (44)	33.6% (36)	20.7% (38)
Never true	59.4% (358)	50.7% (70)	57.7% (90)	56.1% (60)	71.7% (132)
THE FOOD THAT I (OR MY FAMILY) BOUGHT JUST DIDN'T LAST AND I DIDN'T HAVE MONEY TO GET MORE.					
Often true	8.6% (52)	14.5% (20)	10.9% (17)	3.7% (4)	3.8% (7)
Sometimes true	23.4% (141)	27.5% (38)	23.1% (36)	29.0% (31)	16.3% (30)
Never true	68.0% (410)	58.0% (80)	66.0% (103)	67.3% (72)	79.9% (147)
I COULDN'T AFFORD TO EAT BALANCED MEALS.					
Often true	12.6% (76)	20.3% (28)	12.8% (20)	12.1% (13)	7.1% (13)
Sometimes true	28.5% (172)	31.2% (43)	34.6% (54)	27.1% (29)	19.6% (36)
Never true	58.9% (355)	48.6% (67)	52.6% (82)	60.7% (65)	73.4% (135)
I RELIED ON FOOD AT HILLEL OR OTHER SCHOOL EVENTS BECAUSE THERE WASN'T ENOUGH MONEY FOR FOOD.					
Often true	14.1% (85)	18.8% (26)	18.1% (28)	15.0% (16)	5.4% (10)
Sometimes true	27.9% (168)	32.6% (45)	23.9% (37)	34.6% (37)	22.8% (42)
Never true	58.0% (349)	48.6% (67)	58.1% (90)	50.5% (54)	71.7% (132)
IN THE LAST 30 DAYS, WERE YOU EVER HUNGRY BUT DIDN'T EAT BECAUSE THERE WASN'T ENOUGH MONEY FOR FOOD?					
Yes	28.9% (174)	39.1% (54)	32.1% (50)	28.0% (30)	16.8% (31)
IN THE LAST 12 MONTHS, DID YOU OR YOUR FAMILY OBTAIN FOOD FROM A FOOD PANTRY?					
Yes	20.1% (121)	29.7% (41)	25.6% (40)	16.8% (18)	7.6% (14)
IN THE LAST 12 MONTHS, DID YOU OR ANY MEMBER OF YOUR HOUSEHOLD RECEIVE FOOD STAMPS/SNAP?					
Yes	23.7% (143)	34.1% (47)	32.7% (51)	13.1% (14)	12.0% (22)
FOOD SECURITY CATEGORIES					
High Food Security	55.8% (336)	47.8% (66)	52.9% (82)	49.5% (53)	70.7% (130)
Moderate Food Security	16.3% (98)	13.0% (18)	18.1% (28)	20.6% (22)	14.1% (26)
Low Food Security	27.9% (168)	39.1% (54)	29.0% (45)	29.9% (32)	15.2% (28)
MODERATE AND LOW FOOD SECURITY					
High Food Security	55.8% (336)	47.8% (66)	52.9% (82)	49.5% (53)	70.7% (130)
Moderate and Low Food Security	44.2% (266)	52.2% (72)	47.1% (73)	50.5% (54)	29.3% (54)

TABLE 6. FOOD SECURITY BY DEMOGRAPHICS, EMPLOYMENT, AND DEPRESSION

	HIGH FOOD SECURITY % (N)	MODERATE AND LOW FOOD SECURITY % (N)
CUNY HILLEL AFFILIATION		
Baruch College Hillel	19.9% (66)	28.5% (72)
Brooklyn College Hillel	24.8% (82)	28.9% (73)
Hunter College Hillel	16.0% (53)	21.3% (54)
Queens College Hillel	39.3% (130)	21.3% (54)
WHAT TIME OF DAY ARE YOU MOST ON CAMPUS?		
Day	70.8% (238)	44.7% (119)
Evening	5.1% (17)	13.5% (36)
Day and evening equally	24.1% (81)	41.7% (111)
WHERE DO YOU LIVE DURING THE SCHOOL YEAR?		
Dormitory or other campus housing	9.2% (31)	31.4% (83)
House, apartment, or other private residence	90.5% (304)	66.3% (175)
Fraternity or sorority house	0.3% (1)	2.3% (6)
WITH WHOM DO YOU LIVE DURING THE SCHOOL YEAR?		
No one, I live alone	7.1% (24)	10.2% (27)
Roommates	18.5% (62)	45.9% (122)
My family	74.4% (250)	44.0% (117)
WITH WHOM DO YOU SPEND MOST OF YOUR TIME DURING SCHOOL YEAR?		
My immediate and extended family	28.9% (97)	12.8% (34)
My friends and classmates from campus	47.0% (158)	69.2% (184)
My friends from the neighborhood in which I live	18.2% (61)	12.4% (33)
My co-workers	0.9% (3)	3.8% (10)
Multiple groups	5.1% (17)	1.9% (5)
DO YOU USE GRANTS AND/OR SCHOLARSHIPS TO PAY FOR THE EXPENSES ASSOCIATED WITH ATTENDING COLLEGE?		
Yes	53.9% (181)	61.1% (162)
No	46.1% (155)	38.9% (103)
IN THE LAST 12 MONTHS, DID YOU OR YOUR FAMILY OBTAIN FOOD FROM A FOOD PANTRY?		
Yes	2.4% (8)	42.1% (112)
No	97.6% (328)	57.9% (154)
IN THE LAST 12 MONTHS, DID YOU OR ANY MEMBER OF YOUR HOUSEHOLD RECEIVE FOOD STAMPS/SNAP?		
Yes	5.1% (17)	47.0% (125)
No	94.9% (319)	53.0% (141)
GENDER		
Female	60.4% (203)	62.8% (167)
Male	36.6% (123)	32.0% (85)
Other	3.0% (10)	5.3% (14)
BORN IN USA		
Yes	94.9% (319)	86.5% (230)
No	5.1% (17)	13.5% (36)
WITH WHICH JEWISH GROUPS DO YOU MOST CLOSELY IDENTIFY?		
Ashkenazi	54.8% (184)	26.3% (70)
Sephardic	23.5% (79)	18.0% (48)
Both Sephardic and Ashkenazi	4.2% (14)	5.3% (14)
Other	10.1% (34)	33.8% (90)
I do not identify with any of these groups	2.1% (7)	7.5% (20)
I do not consider myself Jewish	5.4% (18)	9.0% (24)
DO YOU IDENTIFY AS ORTHODOX NOW OR DID YOU IDENTIFY AS ORTHODOX IN THE PAST?		
Yes, I'm Orthodox now	58.6% (197)	50.8% (135)
Yes, I was Orthodox in the past	11.6% (39)	16.2% (43)
No	29.8% (100)	33.1% (88)
HOW MANY HOURS PER WEEK DO YOU WORK DURING THE SEMESTER?		
None, I don't have a job	39.3% (132)	27.1% (72)
1-10 hours	26.8% (90)	18.0% (48)
11+ hours	33.9% (114)	54.9% (146)
ON AVERAGE, ABOUT HOW MUCH DO YOU EARN PER HOUR?		
\$8.65/hour	5.9% (12)	3.1% (6)
\$8.66 - \$10/hour	6.4% (13)	25.8% (50)
\$10.01 - \$15/hour	51.5% (104)	48.5% (94)
More than \$15/hour	36.1% (73)	22.7% (44)
IN THE PAST 12 MONTHS, HAVE YOU BEEN LOOKING FOR WORK?		
Yes	62.5% (210)	63.9% (170)
No	37.5% (126)	36.1% (96)
HAVE YOU EVER USED HILLEL CAREER SERVICES?		
Yes	13.7% (46)	41.4% (110)
No	86.3% (289)	58.6% (156)
DEPRESSION CATEGORIES		
No depression	77.5% (259)	63.2% (168)
Major depression	20.1% (67)	30.8% (82)
Severe major depression	2.4% (8)	6.0% (16)

TABLE 7. DEMOGRAPHICS, EMPLOYMENT, AND DEPRESSION BY CATEGORIES OF FOOD SECURITY

	HIGH FOOD SECURITY % (N)	MODERATE AND LOW FOOD SECURITY % (N)
WHAT TIME OF DAY ARE YOU MOST ON CAMPUS?		
Day	66.7% (238)	33.3% (119)
Evening	32.1% (17)	67.9% (36)
Day and evening equally	42.2% (81)	57.8% (111)
WHERE DO YOU LIVE DURING THE SCHOOL YEAR?		
Dormitory or other campus housing	27.2% (31)	72.8% (83)
House, apartment, or other private residence	63.5% (304)	36.5% (175)
Fraternity or sorority house	14.3% (1)	85.7% (6)
WITH WHOM DO YOU LIVE DURING THE SCHOOL YEAR?		
No one, I live alone	47.1% (24)	52.9% (27)
Roommates	33.7% (62)	66.3% (122)
My family	68.1% (250)	31.9% (117)
WITH WHOM DO YOU SPEND MOST OF YOUR TIME DURING SCHOOL YEAR?		
My immediate and extended family	74.0% (97)	26.0% (34)
My friends and classmates from campus	46.2% (158)	53.8% (184)
My friends from the neighborhood in which I live	64.9% (61)	35.1% (33)
My co-workers	23.1% (3)	76.9% (10)
Multiple groups	77.3% (17)	22.7% (5)
DO YOU USE GRANTS AND/OR SCHOLARSHIPS TO PAY FOR THE EXPENSES ASSOCIATED WITH ATTENDING COLLEGE?		
Yes	52.8% (181)	47.2% (162)
No	60.1% (155)	39.9% (103)
IN THE LAST 12 MONTHS, DID YOU OR YOUR FAMILY OBTAIN FOOD FROM A FOOD PANTRY?		
Yes	6.7% (8)	93.3% (112)
No	68.0% (328)	32.0% (154)
IN THE LAST 12 MONTHS, DID YOU OR ANY MEMBER OF YOUR HOUSEHOLD RECEIVE FOOD STAMPS/SNAP?		
Yes	12.0% (17)	88.0% (125)
No	69.3% (319)	30.7% (141)
GENDER		
Female	54.9% (203)	45.1% (167)
Male	59.1% (123)	40.9% (85)
Other	41.7% (10)	58.3% (14)
BORN IN USA		
Yes	58.1% (319)	41.9% (230)
No	32.1% (17)	67.9% (36)
WITH WHICH JEWISH GROUPS DO YOU MOST CLOSELY IDENTIFY?		
Ashkenazi	72.4% (184)	27.6% (70)
Sephardic	62.2% (79)	37.8% (48)
Both Sephardic and Ashkenazi	50.0% (14)	50.0% (14)
Other	27.4% (34)	72.6% (90)
I do not identify with any of these groups	25.9% (7)	74.1% (20)
I do not consider myself Jewish	42.9% (18)	57.1% (24)
DO YOU IDENTIFY AS ORTHODOX NOW OR DID YOU IDENTIFY AS ORTHODOX IN THE PAST?		
Yes, I'm Orthodox now	59.3% (197)	40.7% (135)
Yes, I was Orthodox in the past	47.6% (39)	52.4% (43)
No	53.2% (100)	46.8% (88)
HOW MANY HOURS PER WEEK DO YOU WORK DURING THE SEMESTER?		
None, I don't have a job	64.7% (132)	35.3% (72)
1-10 hours	65.2% (90)	34.8% (48)
11+ hours	43.8% (114)	56.2% (146)
ON AVERAGE, ABOUT HOW MUCH DO YOU EARN PER HOUR?		
\$8.65/hour	66.7% (12)	33.3% (6)
\$8.66 - \$10/hour	20.6% (13)	79.4% (50)
\$10.01 - \$15/hour	52.5% (104)	47.5% (94)
More than \$15/hour	62.4% (73)	37.6% (44)
IN THE PAST 12 MONTHS, HAVE YOU BEEN LOOKING FOR WORK?		
Yes	55.3% (210)	44.7% (170)
NO	56.8% (126)	43.2% (96)
HAVE YOU EVER USED HILLEL CAREER SERVICES?		
Yes	29.5% (46)	70.5% (110)
No	64.9% (289)	35.1% (156)
DEPRESSION CATEGORIES		
No depression	60.7% (259)	39.3% (168)
Major depression	45.0% (67)	55.0% (82)
Severe major depression	33.3% (8)	66.7% (16)

TABLE 8. DEPRESSION OF RESPONDENTS TO HILLEL SURVEY, TOTAL AND BY HILLEL

	TOTAL % (N)	BARUCH % (N)	BROOKLYN % (N)	HUNTER % (N)	QUEENS % (N)
TOTAL RESPONDENTS	N=608	N=138	N=156	N=107	N=189
DEPRESSION CATEGORIES					
No depression	71.2% (427)	68.8% (95)	70.8% (109)	68.2% (73)	74.3% (136)
Major depression	24.8% (149)	25.4% (35)	22.7% (35)	29.9% (32)	23.5% (43)
Severe major depression	4.0% (24)	5.8% (8)	6.5% (10)	1.9% (2)	2.2% (4)
IN THE LAST 12 MONTHS, HAVE YOU RECEIVED ANY COUNSELING FOR MENTAL HEALTH?					
Yes	23.5% (142)	23.9% (33)	24.4% (38)	33.6% (36)	16.3% (30)
IN THE LAST 12 MONTHS, WAS THERE A TIME WHEN YOU NEEDED COUNSELING FOR MENTAL HEALTH BUT DID NOT GET IT?					
Yes	30.9% (186)	31.2% (43)	31.0% (48)	36.4% (39)	27.7% (51)

TABLE 9. DEMOGRAPHICS, EMPLOYMENT, AND FOOD SECURITY BY CATEGORIES OF DEPRESSION

	NO DEPRESSION % (N)	MAJOR OR SEVERE MAJOR DEPRESSION % (N)
WHAT TIME OF DAY ARE YOU MOST ON CAMPUS?		
Day	70.1% (249)	29.9% (106)
Evening	77.4% (41)	22.6% (12)
Day and evening equally	71.4% (137)	28.6% (55)
WHERE DO YOU LIVE DURING THE SCHOOL YEAR?		
Dormitory or other campus housing	78.9% (90)	21.1% (24)
House, apartment, or other private residence	69.4% (331)	30.6% (146)
Fraternity or sorority house	71.4% (5)	28.6% (2)
WITH WHOM DO YOU LIVE DURING THE SCHOOL YEAR?		
No one, I live alone	70.6% (36)	29.4% (15)
Roommates	71.2% (131)	28.8% (53)
My family	71.2% (260)	28.8% (105)
WITH WHOM DO YOU SPEND MOST OF YOUR TIME DURING SCHOOL YEAR		
My immediate and extended family	72.3% (94)	27.7% (36)
My friends and classmates from campus	72.2% (247)	27.8% (95)
My friends from the neighborhood in which I live	69.9% (65)	30.1% (28)
My co-workers	46.2% (6)	53.8% (7)
Multiple groups	68.2% (15)	31.8% (7)
DO YOU USE GRANTS AND/OR SCHOLARSHIPS TO PAY FOR THE EXPENSES ASSOCIATED WITH ATTENDING COLLEGE?		
Yes	69.7% (239)	30.3% (104)
No	73.4% (188)	26.6% (68)
IN THE LAST 12 MONTHS, DID YOU OR YOUR FAMILY OBTAIN FOOD FROM A FOOD PANTRY?		
Yes	74.2% (89)	25.8% (31)
No	70.4% (338)	29.6% (142)
IN THE LAST 12 MONTHS, DID YOU OR ANY MEMBER OF YOUR HOUSEHOLD RECEIVE FOOD STAMPS/SNAP?		
Yes	69.0% (98)	31.0% (44)
No	71.8% (329)	28.2% (129)
GENDER		
Female	71.8% (265)	28.2% (104)
Male	70.0% (145)	30.0% (62)
Other	70.8% (17)	29.2% (7)
BORN IN USA		
Yes	73.1% (400)	26.9% (147)
No	50.9% (27)	49.1% (26)
WITH WHICH JEWISH GROUPS DO YOU MOST CLOSELY IDENTIFY?		
Ashkenazi	74.7% (189)	25.3% (64)
Sephardic	73.2% (93)	26.8% (34)
Both Sephardic and Ashkenazi	46.4% (13)	53.6% (15)
Other	69.1% (85)	30.9% (38)
I do not identify with any of these groups	81.5% (22)	18.5% (5)
I do not consider myself Jewish	59.5% (25)	40.5% (17)
DO YOU IDENTIFY AS ORTHODOX NOW OR DID YOU IDENTIFY AS ORTHODOX IN THE PAST?		
Yes, I'm Orthodox now	76.5% (254)	23.5% (78)
Yes, I was Orthodox in the past	60.5% (49)	39.5% (32)
No	66.3% (124)	33.7% (63)
HOW MANY HOURS PER WEEK DO YOU WORK DURING THE SEMESTER?		
None, I don't have a job	68.5% (139)	31.5% (64)
1-10 hours	78.1% (107)	21.9% (30)
11+ hours	69.6% (181)	30.4% (79)
ON AVERAGE, ABOUT HOW MUCH DO YOU EARN PER HOUR?		
\$8.65/hour	61.1% (11)	38.9% (7)
\$8.66 - \$10/hour	76.2% (48)	23.8% (15)
\$10.01 - \$15/hour	72.1% (142)	27.9% (55)
More than \$15/hour	72.6% (85)	27.4% (32)
IN THE PAST 12 MONTHS, HAVE YOU BEEN LOOKING FOR WORK?		
Yes	68.0% (257)	32.0% (121)
No	76.6% (170)	23.4% (52)
HAVE YOU EVER USED HILLEL CAREER SERVICES?		
Yes	73.1% (114)	26.9% (42)
No	70.4% (312)	29.6% (131)
FOOD SECURITY CATEGORIES		
High food security	77.5% (259)	22.5% (75)
Moderate and low food security	63.2% (168)	36.8% (98)

TABLE 10. CATEGORIES OF DEPRESSION BY MENTAL HEALTH COUNSELING

	NO DEPRESSION % (N)	MAJOR OR SEVERE MAJOR DEPRESSION % (N)
IN THE LAST 12 MONTHS, HAVE YOU RECEIVED ANY COUNSELING FOR MENTAL HEALTH?		
Yes	16.4% (70)	41.0% (71)
No	83.6% (357)	59.0% (102)
IN THE LAST 12 MONTHS, WAS THERE A TIME WHEN YOU NEEDED COUNSELING FOR MENTAL HEALTH BUT DID NOT GET IT?		
Yes	77.5% (331)	52.0% (90)
No	22.5% (96)	48.0% (83)

TABLE 11. EMPLOYMENT OF RESPONDENTS TO HILLEL SURVEY, TOTAL AND BY HILLEL

	TOTAL % (N)	BARUCH % (N)	BROOKLYN % (N)	HUNTER % (N)	QUEENS % (N)
TOTAL RESPONDENTS	N=608	N=138	N=156	N=107	N=189
HOW MANY HOURS PER WEEK DO YOU WORK DURING THE SEMESTER?					
None, I don't have a job	33.7% (204)	33.3% (46)	30.8% (48)	28.0% (30)	41.4% (77)
1-10 hours	23.0% (139)	16.7% (23)	23.1% (36)	26.2% (28)	25.8% (48)
11-20 hours	24.0% (145)	29.0% (40)	21.8% (34)	29.9% (32)	17.2% (32)
21-30 hours	12.1% (73)	12.3% (17)	15.4% (24)	11.2% (12)	9.7% (18)
31-40 hours	5.1% (31)	6.5% (9)	6.4% (10)	4.7% (5)	3.2% (6)
More than 40 hours	2.1% (13)	2.2% (3)	2.6% (4)	0.0% (0)	2.7% (5)
ON AVERAGE, ABOUT HOW MUCH DO YOU EARN PER HOUR?					
\$8.65/hour	4.5% (18)	5.5% (5)	0.0% (0)	7.8% (6)	5.6% (6)
\$8.66 - \$10/hour	15.8% (63)	28.6% (26)	14.8% (16)	9.1% (7)	7.4% (8)
\$10.01 - \$15/hour	50.1% (200)	40.7% (37)	54.6% (59)	45.5% (35)	59.3% (64)
More than \$15/hour	29.6% (118)	25.3% (23)	30.6% (33)	37.7% (29)	27.8% (30)
IN THE PAST 12 MONTHS, HAVE YOU BEEN LOOKING FOR WORK?					
Yes	63.1% (382)	63.0% (87)	54.5% (85)	72.9% (78)	65.6% (122)
HAVE YOU EVER USED ANY OF THE FOLLOWING CAREER SERVICES AT YOUR COLLEGE?					
Yes, CUNY Career Services	22.4% (135)	19.7% (27)	27.6% (43)	27.1% (29)	19.4% (36)
Yes, Hillel Career Services	15.1% (91)	29.2% (40)	12.9% (17)	12.1% (13)	5.9% (11)
Yes, both CUNY and Hillel Career Services	10.9% (66)	18.2% (25)	5.8% (9)	15.9% (17)	5.9% (11)
No	51.7% (312)	32.8% (45)	55.8% (87)	44.9% (48)	68.8% (128)
HAVE YOU EVER USED CUNY CAREER SERVICES?					
Yes	33.3% (201)	38.0% (52)	33.3% (52)	43.0% (46)	25.3% (47)
HAVE YOU EVER USED HILLEL CAREER SERVICES?					
Yes	26.0% (157)	47.4% (65)	16.7% (26)	28.0% (30)	11.8% (22)
HAVE YOU EVER RECEIVED ASSISTANCE FROM A CAREER COUNSELOR AT CUNY CAREER SERVICES?					
Yes	23.3% (141)	27.7% (38)	25.6% (40)	29.0% (31)	15.6% (29)
HAVE YOU EVER RECEIVED ASSISTANCE FROM A CAREER COUNSELOR AT HILLEL CAREER SERVICES?					
Yes	21.1% (127)	39.4% (54)	13.5% (21)	23.4% (25)	8.6% (16)
HOW WOULD YOU RATE THE QUALITY OF THE CAREER COUNSELOR AT YOUR HILLEL?					
Poor	2.36% (3)	0.0% (0)	0.0% (0)	12.0% (3)	0.0% (0)
Good	13.4% (17)	13.0% (7)	4.8% (1)	28.0% (7)	12.5% (2)
Very Good	32.3% (41)	27.8% (15)	38.1% (8)	40.0% (10)	25.0% (4)
Excellent	52.0% (66)	59.3% (32)	57.1% (12)	20.0% (5)	62.5% (10)
HOW WOULD YOU RATE THE QUALITY OF THE COUNSELOR AT CUNY CAREER SERVICES?					
Poor	4.96% (7)	5.3% (2)	2.5% (1)	0.0% (0)	13.8% (4)
Good	31.9% (45)	36.8% (14)	17.5% (7)	32.3% (10)	48.3% (14)
Very Good	34.8% (49)	34.2% (13)	37.5% (15)	41.9% (13)	24.1% (7)
Excellent	28.4% (40)	23.7% (9)	42.5% (17)	25.8% (8)	13.8% (4)
ARE YOU INTERESTED IN BEING MATCHED WITH A MENTOR TO HELP YOU IN YOUR COLLEGE EXPERIENCE AND EARLY CAREER?					
Yes	66.1% (400)	80.4% (111)	62.8% (98)	66.4% (71)	57.0% (106)
PLEASE RATE YOUR INTEREST IN LEARNING MORE ABOUT THE FOLLOWING AREAS OF JOB READINESS. HARD SKILLS (E.G. MICROSOFT WORD, EXCEL, AND/OR POWERPOINT)					
Not interested	19.7% (119)	12.3% (17)	19.2% (30)	29.0% (31)	22.0% (41)
Somewhat interested	35.5% (215)	30.4% (42)	34.6% (54)	39.3% (42)	38.2% (71)
Very interested	44.8% (271)	57.2% (79)	46.2% (72)	31.8% (34)	39.8% (74)
SOFT SKILLS (E.G. HOW TO INTERVIEW BETTER, DEALING WITH DIFFICULT SITUATIONS)					
Not interested	12.8% (78)	8.7% (12)	15.4% (24)	14.0% (15)	14.0% (26)
Somewhat interested	35.4% (215)	30.4% (42)	35.3% (55)	39.3% (42)	38.2% (71)
Very interested	51.3% (312)	60.9% (84)	49.4% (77)	46.7% (50)	47.8% (89)
NETWORKING (THE ABILITY TO MEET PROFESSIONALS TO LEARN ABOUT SPECIFIC FIELDS OR THE WORKPLACE)					
Not interested	8.1% (49)	2.2% (3)	9.6% (15)	14.0% (15)	7.5% (14)
Somewhat interested	32.6% (197)	29.0% (40)	33.3% (52)	30.8% (33)	36.0% (67)
Very interested	59.3% (359)	68.8% (95)	57.1% (89)	55.1% (59)	56.5% (105)



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